

# GRIM ENTRY FORM

**SUNDAY 2ND DECEMBER 2012**

**LONG VALLEY ALDERSHOT - 10.30AM  
8 MILE MULTI-TERRAIN CHALLENGE**

PLEASE COMPLETE AND SEND ALL ENTRIES TO:

INMOTION SPORT LTD, PO Box 286, Hampton, Middlesex, TW12 9AD

**Entry Fee £25.** Please make all cheques payable to 'INMOTION SPORT LTD' and remember to write your name, address on the back. Encashment of cheque confirms entry.

All entries must include an A4 stamped-addressed (large stamp) envelope.

All entries must be received by Friday 23rd November 2012. There will be no entries on the day.

**No Turning Back Now!**

## PERSONAL DETAILS

Please use bold capitals and please make sure you sign the declaration at the bottom of the form.

Surname \_\_\_\_\_ First Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

Daytime Telephone No. \_\_\_\_\_

Address \_\_\_\_\_

County \_\_\_\_\_ Post Code \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on day of race \_\_\_\_\_ Male  Female

## TEAM CHALLENGE

Please complete if you are part of a team. Teams of 3 ONLY. Please enclose entry forms for all team members if possible.

Team category (Please only tick category) Women only  Men only  Mixed Team

Team Name \_\_\_\_\_ Name of Company/Org/Club \_\_\_\_\_

Name of Team Contact \_\_\_\_\_ Team Contact Telephone No. \_\_\_\_\_

How did you find out about this event? \_\_\_\_\_

## RACE DECLARATION

The organisers would like to remind you that you have entered this race at your own risk and that they will in no way be liable for any injury before, during or after the event. I understand and agree that I participate in the event entirely at my own risk and that no responsibility whatsoever shall attach to any race sponsors, race directors, or any persons involved in the organisation of the event for any injury, accidents, loss or damage suffered by me in, or by reason of the event, however such may be caused. I declare that I am healthy and have no KNOWN medical conditions and in a suitable physical condition to undertake the necessary training for and participate in the run and I agree to seek expert medical advice if I have any health concerns prior to the race. I am 17 years of age or over on the day of the race. I have read and agree to the race declaration and the terms and conditions of the race entry as stated on the event website [www.grimchallenge.co.uk](http://www.grimchallenge.co.uk)

Signature \_\_\_\_\_ Date \_\_\_\_\_

## GRIM DECLARATION

We, the organisers, promise to make you cold, extremely wet, very tired and particularly GRIM (the event might be fun and give you a sense of great achievement but we don't want to advertise that fact).

Visit our website [www.grimchallenge.co.uk](http://www.grimchallenge.co.uk) for more information and eventual results.

Photocopies of this entry form will be accepted

